A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

**POPULATION**

**Average Annual Growth Rate**

2.4% (1998-2017)

**Estimated Population**

229.5 million (2022)

**Pakistan is the 5th Most Populous Country in the World!**

**TOTAL FERTILITY RATE**

**TFR**

3.6

Pakistan has the Highest TFR amongst the countries in South Asia

*The average number of children a women has during her reproductive age

**MATERNAL DEATH**

11,000 Maternal Deaths occur annually

If contraceptive use rises from the current 34% to 52%

3,800 Mothers will be saved!

**UNMET NEED FOR FAMILY PLANNING**

17.3%

On average couples have 1 unintended child*

* Couples of child bearing age who are not using contraception but want to

**INFANT MORTALITY RATE**

62 Infants die before reaching one year of age (per 1000 live births)

140,000 Infants will be saved!

If contraceptive use rises from the current 34% to 52%

**MALNUTRITION**

**Children under the age of 5**

40% Stunted

18% Wasted

29% Underweight

**Malnutrition**

High fertility contributes to malnutrition!

Children under the age of 5

- Stunted
- Wasted
- Underweight

**Estimated Population**

Million (2022)

Pakistan is the 5th Most Populous Country in the World!
What can Pakistan do to achieve sustainable population growth?

- Promote public discourse on population dynamics as a core element in economic and social development.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain political commitment and increased accountability to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP
National Nutrition Survey 2018
World Population Prospects 2019 by UN Population Division
Pakistan DHS 2012-13, 2017-18
Labour Force Survey (LFS) 2017-18
Pakistan Social and Living Standards Measurement Survey (PSLMS) 2019-20