

# National Fact Sheet

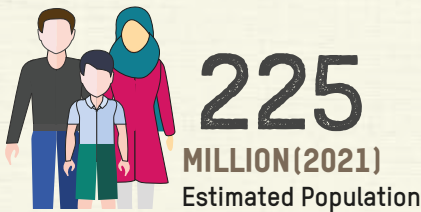


## CURRENT STATE OF PAKISTAN'S POPULATION

A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

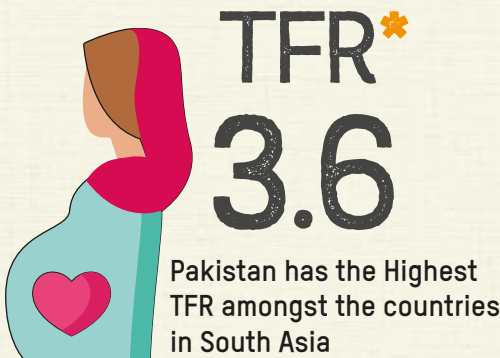
### POPULATION

AVERAGE ANNUAL GROWTH RATE



PAKISTAN IS THE 5<sup>TH</sup> MOST  
POPULOUS COUNTRY IN THE  
WORLD!

### TOTAL FERTILITY RATE



\* The average number of children a women has during her reproductive age

### MATERNAL DEATH

**11,000**

Maternal Deaths  
occur annually



If contraceptive use  
rises from the current  
35% to 55%

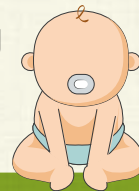
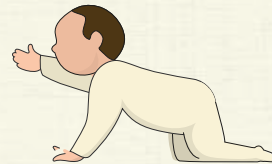
**4,200**

MOTHERS WILL BE SAVED!

### INFANT MORTALITY RATE

**62**

Infants die  
before reaching  
one year of age  
(per 1000 live  
births)

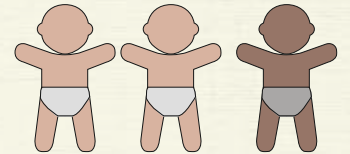


**140,000**

INFANTS WILL BE SAVED!

If contraceptive use rises  
from the current 35% to 55%

### UNMET NEED FOR FAMILY PLANNING



On average couples have  
1 unintended child\*

\* Couples of child bearing  
age who are not using  
contraception but want to

### MALNUTRITION



HIGH FERTILITY  
CONTRIBUTES TO  
MALNUTRITION!

### CHILDREN UNDER THE AGE OF 5



**40%**  
Stunted



**18%**  
Wasted



**29%**  
Underweight

## EMPLOYMENT



GIVEN 2% ANNUAL POPULATION GROWTH RATE:

# 117 Million

JOB WILL BE REQUIRED BY 2040

## WATER SCARCITY

PAKISTAN IS AMONG THE TOP THREE WATER STRESSED COUNTRIES OF THE WORLD!



1951



2020

## HOUSING



# 19 Million

MORE HOUSES WILL BE NEEDED BY 2040

## EDUCATION

# 85,000

MORE PRIMARY SCHOOLS WILL BE NEEDED BY 2040



ONE, OUT OF THREE CHILDREN (AGE 5-16) IS OUT OF SCHOOL IN PAKISTAN

OUT OF WHICH



27% Boys 37% Girls

## What can Pakistan do to achieve sustainable population growth?

- Promote public discourse on population dynamics as a core element in economic and social development.
- Increase spending on population services: Pakistan's current spending of \$ 1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain political commitment and increased accountability to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-6oP  
 National Nutrition Survey 2018  
 World Population Prospects 2019 by UN Population Division  
 Pakistan DHS 2012-13, 2017-18  
 Labour Force Survey (LFS) 2017-18  
 Pakistan Social and Living Standards Measurement Survey (PSLMS) 2019-20