A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

**Current State of Balochistan’s Population**

Population:
- **Total Fertility Rate (TFR)**: 4.0
- **Estimated Population (2021)**: 13.4 million
- **Infant Mortality Rate**: 66 infants die before reaching one year of age (per 1000 live births)
- **Malnutrition**: 31% children under the age of 5 are underweight
- **Unmet Need for Family Planning**: 21.6% unmet need
- **Maternal Deaths**: 1,000 maternal deaths occur annually

- **By 2050 it is estimated that population of Balochistan will be 24 million at the current rate of fertility decline!**
- **On average couples have 1 unintended child**
- **Babies will be saved! If contraceptive use rises from the current 20% to 51%**
- **Mothers will be saved! If contraceptive use rises from the current 20% to 51%**

- **Infants will be saved! If contraceptive use rises from the current 20% to 51%**
- **Maternal Deaths occur annually if contraceptive use rises from the current 20% to 51%**
- **On average couples have 1 unintended child**
- **Couples of child bearing age who are not using contraception but want to**
6.5 Million
JOBS WILL BE REQUIRED BY 2040

1 Million
MORE HOUSES WILL BE NEEDED BY 2040

EDUCATION
7,200
MORE PRIMARY SCHOOLS WILL BE NEEDED BY 2040

What can Pakistan do to achieve sustainable population growth?

- **Promote public discourse** on population dynamics as a core element in economic and social development.
- **Increase spending** on population services: Pakistan’s current spending of $1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain **political commitment** and increased **accountability** to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP
National Nutrition Survey 2018
Pakistan DHS 2012-13, 2017-18
Labour Force Survey (LFS) 2017-18