A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

**Current State of Punjab’s Population**

**Population**
- **Average Annual Growth Rate**: 2.13% (1998-2017)
- **Estimated Population**: 117 million (2020)

**Maternal Death**
- **Maternal Deaths occur annually**: 6,000
- **If contraceptive use rises from the current 41% to 59%**: 2,700

**Unmet Need for Family Planning**
- **15.8% unmet need**
- **On average couples have 1 unintended child**
- **Couples of child bearing age who are not using contraception but want to**

**Total Fertility Rate**
- **TFR**: 3.4

**Infant Mortality Rate**
- **Infants die before reaching one year of age (per 1000 live births)**: 73

**Malnutrition**
- **HIGH FERTILITY CONTRIBUTES TO MALNUTRITION!**
- **23.5% children under the age of 5 are underweight**

**Estimated Population Million (2020)**
- **By 2050 it is estimated that population of Punjab will be**: 176 million

**Infants will be saved!**
- **73,000**

*The average number of children a woman has during her reproductive age*
Employment: Given 2% annual population growth rate:

66 Million jobs will be required by 2040

Housing:

7 Million more houses will be needed by 2040

Education:

35,000 more primary schools will be needed by 2040

What can Pakistan do to achieve sustainable population growth?

- Promote public discourse on population dynamics as a core element in economic and social development.
- Increase spending on population services: Pakistan’s current spending of $1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain political commitment and increased accountability to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP
National Nutrition Survey 2018
Pakistan DHS 2012-13, 2017-18
Labour Force Survey (LFS) 2017-18