

# Current State of Punjab's Population



A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

## POPULATION

AVERAGE ANNUAL GROWTH RATE



**2.13%**  
(1998-2017)



**117**

MILLION (2020)  
Estimated Population

BY 2050 IT IS ESTIMATED THAT  
POPULATION OF PUNJAB  
WILL BE

**176 million**

AT THE CURRENT RATE OF  
FERTILITY DECLINE!

## TOTAL FERTILITY RATE



**TFR\***  
**3.4**

\* The average number of children a woman has during her reproductive age

## MATERNAL DEATH



**6,000**

Maternal Deaths  
occur annually

If contraceptive use  
rises from the current  
41% to 59%

**2,700**

**MOTHERS WILL BE SAVED!**

## UNMET NEED FOR FAMILY PLANNING

**15.8%**  
unmet need\*



On average couples have  
1 unintended child\*

\* Couples of child bearing age who are not using contraception but want to

## INFANT MORTALITY RATE

**73**



Infants die  
before reaching  
one year of age  
(per 1000 live  
births)

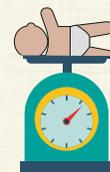


**73,000**

**INFANTS WILL BE SAVED!**

If contraceptive use rises  
from the current 41% to 59%

## MALNUTRITION



HIGH FERTILITY  
CONTRIBUTES TO  
MALNUTRITION!



**23.5%**  
CHILDREN UNDER  
THE AGE OF 5 ARE  
UNDERWEIGHT

## EMPLOYMENT



GIVEN 2% ANNUAL POPULATION GROWTH RATE:

# 66 Million

JOB WILL BE  
REQUIRED BY 2040

## HOUSING



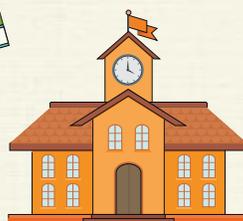
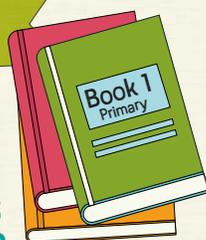
# 7 Million

MORE HOUSES WILL  
BE NEEDED BY 2040

## EDUCATION

# 35,000

MORE PRIMARY SCHOOLS  
WILL BE NEEDED BY 2040



MORE THAN HALF OF THE GIRLS  
(AGE 5-16), ARE OUT OF SCHOOL  
IN PUNJAB

OUT OF WHICH



22% Boys

31% Girls

## What can Pakistan do to achieve sustainable population growth?

- **Promote public discourse** on population dynamics as a core element in economic and social development.
- **Increase spending** on population services: Pakistan's current spending of \$ 1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to **improve access and information**.
- Sustain **political commitment** and increased **accountability** to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP  
National Nutrition Survey 2018  
Pakistan DHS 2012-13, 2017-18  
Labour Force Survey (LFS) 2017-18