National Fact Sheet

CURRENT STATE OF PAKISTAN'S POPULATION

A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.



POPULATION

AVERAGE ANNUAL GROWTH RATE





PAKISTAN IS THE 5TH MOST POPULOUS COUNTRY IN THE WORLD!

MATERNAL DEATH

12,000

Maternal Deaths occur annually

If contraceptive use rises from the current 35% to 55%

4,900

MOTHERS WILL BE SAVED!

INFANT MORTALITY RATE

62



Infants die before reaching one year of age (per 1000 live births)

140,000

INFANTS WILL BE SAVED!

If contraceptive use rises from the current 35% to 55%

UNMET NEED FOR FAMILY PLANNING



On average couples have

 Couples of child bearing age who are not using contraception but want to

MALNUTRITION



HIGH FERTILITY CONTRIBUTES TO MALNUTRITION!

CHILDREN UNDER THE AGE OF 5



40% Stunted



18% Wasted



29% Underweight

TOTAL FERTILITY RATE

TFR*
3.6

Pakistan has the Highest
TFR amongst the countries
in South Asia

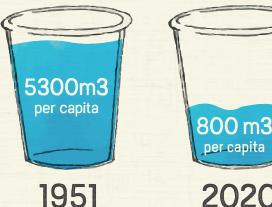
*The average number of children a women has during her reproductive age



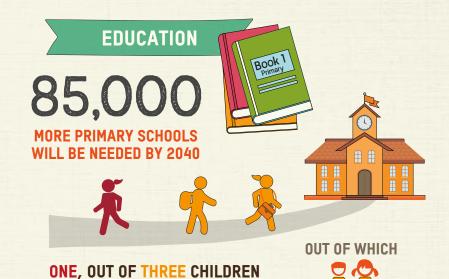
GIVEN 2% ANNUAL POPULATION HOUSING 19 Million

WATER SCARCITY

PAKISTAN IS AMONG THE TOP THREE WATER STRESSED COUNTRIES OF THE WORLD!



2020



(AGE 5-16) IS OUT OF SCHOOL

IN PAKISTAN

What can Pakistan do to achieve sustainable population growth?

GROWTH RATE:

- Promote public discourse on population dynamics as a core element in economic and social development.
- Increase spending on population services: Pakistan's current spending of \$ 1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain political commitment and increased accountability to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP National Nutrition Survey 2018 World Population Prospects 2019 by UN Population Division Pakistan DHS 2012-13, 2017-18 Labour Force Survey (LFS) 2017-18







27% Boys

40% Girls