CURRENT STATE OF PAKISTAN’S POPULATION

A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

POPULATION

AVERAGE ANNUAL GROWTH RATE

2.05% (2015-2020)

221 MILLION (2020) Estimated Population

PAKISTAN IS THE 5TH MOST POPULOUS COUNTRY IN THE WORLD!

TOTAL FERTILITY RATE

TFR*

3.6

Pakistan has the Highest TFR amongst the countries in South Asia

* The average number of children a woman has during her reproductive age

MATERNAL DEATH

12,000 Maternal Deaths occur annually

If contraceptive use rises from the current 35% to 55%

4,900 MOTHERS WILL BE SAVED!

UNMET NEED FOR FAMILY PLANNING

On average couples have 1 unintended child*

* Couples of child bearing age who are not using contraception but want to

MALNUTRITION

INFANT MORTALITY RATE

62 Infants die before reaching one year of age (per 1000 live births)

140,000 INFANTS WILL BE SAVED!

If contraceptive use rises from the current 35% to 55%

HIGH FERTILITY CONTRIBUTES TO MALNUTRITION!

CHILDREN UNDER THE AGE OF 5

40% Stunted

18% Wasted

29% Underweight
What can Pakistan do to achieve sustainable population growth?

- Promote public discourse on population dynamics as a core element in economic and social development.
- Increase spending on population services: Pakistan’s current spending of $1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to improve access and information.
- Sustain political commitment and increased accountability to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP
National Nutrition Survey 2018
World Population Prospects 2019 by UN Population Division
Pakistan DHS 2012-13, 2017-18
Labour Force Survey (LFS) 2017-18