

# National Fact Sheet



## CURRENT STATE OF PAKISTAN'S POPULATION

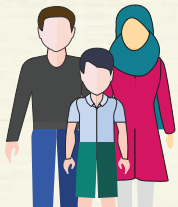
A rapidly growing population means ever-increasing demands for food, schools, health facilities, jobs and infrastructure, and rising pressure on the government to keep pace in providing these services at an equally fast pace.

### POPULATION

AVERAGE ANNUAL GROWTH RATE



**2.4%**  
(1998-2017)



**234**  
MILLION (2023)  
Estimated Population

PAKISTAN IS THE 5<sup>TH</sup> MOST  
POPULOUS COUNTRY IN THE  
WORLD!

### MATERNAL DEATH

**11,000**

Maternal Deaths  
occur annually



If contraceptive use  
rises from the current  
34% to 52%

**3,800**

MOTHERS WILL BE SAVED!

### UNMET NEED FOR FAMILY PLANNING

**17.3%**



On average couples have  
1 unintended child\*

\* Couples of child bearing  
age who are not using  
contraception but want to

### MALNUTRITION



HIGH FERTILITY  
CONTRIBUTES TO  
MALNUTRITION!

### TOTAL FERTILITY RATE



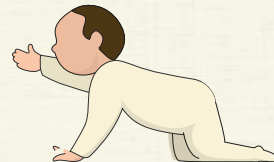
TFR\*  
**3.6**

Pakistan has the Highest  
TFR amongst the countries  
in South Asia

\* The average number of children a  
women has during her reproductive age

### INFANT MORTALITY RATE

**62**



Infants die  
before reaching  
one year of age  
(per 1000 live  
births)



**140,000**

INFANTS WILL BE SAVED!

If contraceptive use rises  
from the current 34% to 52%

### CHILDREN UNDER THE AGE OF 5



**40%**  
Stunted



**18%**  
Wasted



**29%**  
Underweight

## EMPLOYMENT



GIVEN 2% ANNUAL POPULATION GROWTH RATE:

# 101 Million

JOB WILL BE REQUIRED BY 2040

## WATER SCARCITY

PAKISTAN IS AMONG THE TOP THREE WATER STRESSED COUNTRIES OF THE WORLD!



1951



2023

## HOUSING



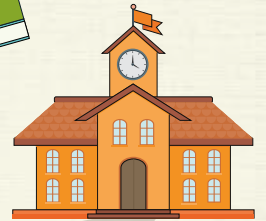
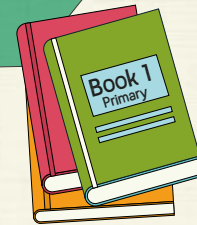
# 19 Million

MORE HOUSES WILL BE NEEDED BY 2040

## EDUCATION

# 85,000

MORE PRIMARY SCHOOLS WILL BE NEEDED BY 2040



ONE, OUT OF THREE CHILDREN (AGE 5-16) IS OUT OF SCHOOL IN PAKISTAN

OUT OF WHICH



27% Boys 37% Girls

## What can be done to achieve sustainable population growth?

- **Promote public discourse** on population dynamics as a core element in economic and social development.
- **Increase spending** on population services: Pakistan's current public sector spending of less than \$ 1.0 per capita should be doubled to eliminate unmet need.
- All private sector providers and outlets of the health departments must provide family planning services to **improve access and information**.
- Sustain **political commitment** and increased **accountability** to ensure that the system is delivering and meeting the family planning needs of the constituents.

Source: Population & Housing Census 2017-GoP  
 National Nutrition Survey 2018  
 World Population Prospects 2019 by UN Population Division  
 Pakistan DHS 2012-13, 2017-18  
 Labour Force Survey (LFS) 2020-21  
 Pakistan Social and Living Standards Measurement Survey (PSLMS) 2019-20